Go.See.Play trail #1  
River Torrens Linear Park

Walk, run or ride this scenic route along River Torrens Linear Park, Highbury. You’ll enjoy majestic views of the rolling hills and waterways and glimpses of the local wildlife along this popular path.

Starting from The Promenade, follow the main park path south, keeping the river on your left. Turn at the marked Gallery Road exit and return to the start. There are plenty of spots to relax amongst the trees and take in the scenery or perhaps enjoy a picnic along this route.

Other features of this route include historical points of interest such as the old quarry and Athelstone House.

Increase your journey by extending the route towards Adelaide CBD, or return via the Highbury Aquaduct Reserve accessed from Historic Drive for a change of landscape and terrain (see dotted line on the map above).

The City of Tea Tree Gully is a wonderful place to be active outdoors.

Suitable for: Walking, running, riding  
Start & end: The Promenade, Highbury  
Turning point: Gallery Road, Highbury  
Distance: 5km return  
Difficulty: Easy/Moderate – A few significant hills
The City of Tea Tree Gully is a wonderful place to be active outdoors.

Travel this picturesque boundary loop of Anstey Hill and enjoy beautiful vistas and an abundance of flora and fauna.

Heading clockwise, this track twists up the Quarry Track, along Range Road South Track, down Newmans Track, turning left at the Newman’s Nursery Ruins to a downhill along Water Gully Track and veering off onto the Boundary Walk to return.

Anstey Hill is well signposted but its advised to take someone familiar with the park on your first visit.

Anstey Hill can be explored at any time of year with winter and spring bringing a fabulous display of wildflowers. Summer or autumn are the best times to enjoy a refreshing morning walk or stunning sunset hike.

Bike riders: Also enjoy the eight varied bike trails within the park.

Suitable for: Walking, running, riding

Start & end: Anstey Hill carpark, accessed from North East Road, Tea Tree Gully

Distance: 8.5km

Difficulty: Hard – Significant hills and uneven ground

Features: An abundance of wildlife, Newman’s Nursery Ruins
Go.See.Play trail #3
Modbury Dry Creek & Wynn Vale Dam

With a gradual incline at the start and an overall decline on the return, this meandering route is an enjoyable workout.

Starting from Edinburgh Reserve in Modbury, this picturesque trail follows the dry creek paths in a northerly direction around the Wynn Vale dam and return. The route can be shortened for a milder activity.

Toilets and drinking fountains are located in both Jubilee Reserve and on the southern side of Wynn Vale Dam.

There are three playgrounds along the route located at Edinburgh Reserve, Jubilee Reserve and at the northern part of the dam.

This trail is suitable for walking, running or riding. Take the alternate side of the creek where possible on the return for a change in scenery.

Suitable for: Walking, running, riding
Start & end: Edinburgh Reserve
Distance: 10km
Difficulty: Easy/Moderate – Some minor hills
Features: Three playgrounds along the trail, Wynn Vale Dam

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Jubilee Way parkrun is a friendly, community-focused event held at 8am Saturday mornings. This free, timed, weekly event is a great way to explore the Wynn Vale Dam and surrounds.

Starting from Jubilee Community Centre, the ‘out and back’ route loops around the dam, with a signed turnaround point at 2.5km.

parkrun is suitable for all ages and abilities, with dogs under control and prams welcome. parkrun is a walking and running only activity. Riders are encouraged to explore this trail outside of parkrun at their leisure.

Register before your first parkrun to ensure you can access your PB’s and statistics. parkrun is volunteer managed and we recommend participants volunteer occasionally to give back to the community.

For more information visit cttg.sa.gov.au/parkrun
Cobbler Creek is a hidden gem in the north of the City of Tea Tree Gully. There are an abundance of defined walking and riding trails to suit explorers of all abilities.

This route includes the best of Cobbler Creek with tree lined paths, single tracks and big climbs.

Explore this trail using the path along the creek-line until you meet the Porosa Hike sign. Follow the Porosa Hike signs to complete the anti-clockwise loop. Be warned, you may get your feet wet during wetter months! Follow the creek to return to the start.

Keep an eye out for the historic Teakle Ruins at the highest point.

Riders: Mountain bike trails are positioned throughout Cobbler Creek, along with dedicated ‘pump track’.

The City of Tea Tree Gully is a wonderful place to be active outdoors.

Suitable for: Walking, running
Start & end: Cobbler Creek West Reserve, Target Hill Road, Greenwith
Distance: 7.5km
Difficulty: Hard – Significant hills and uneven ground
Features: Teakle Ruins
Go.See.Play trail #6
‘The Dog’

Affectionately known as ‘The Dog’ (due to the trail shape), this is a fun run, walk or ride route. You’ll travel from The Stables Shopping Centre, up Golden Grove Road amongst the trees and loop down Target Hill Road before traversing through the beautiful Martindale Reserve. Enter Martindale Reserve via the boom gate off of The Golden Way. Playgrounds can be found at both Cobbler Creek West Reserve at the bottom of Target Hill road and at Martindale Reserve. Martindale Reserve many natural elements to explore including the creek and the large log which the brave can balance on and cross to the other side. Riders: Bike lanes are available on most roads along this route.

Suitable for: Walking, running, riding
Start & end: The Stables Shopping Centre, Greenwith
Distance: 5km
Difficulty: Moderate – Some steep hills
Features: Martindale Reserve and Cobbler Creek West Reserve playgrounds

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