



CITY OF  
TEA TREE GULLY  
*Naturally Better*

# Community Wellbeing Survey

Community, physical activity and culture

September 2022

# Personal Wellbeing

**Our City's Personal Wellbeing Index declined in 2022 but remains slightly higher than the national score**





# Personal Wellbeing

Feeling safe was the highest rated wellbeing domain and the only area which saw an increase

	2021		2022		T3B% change from 2021
	T3B%	B3B%	T3B%	B3B%	
Your standard of living	78	1	69	1	-9↓
Your health	62	2	55	2	-7↓
What you are currently achieving in life	64	1	54	3	-10↓
Your personal relationships	80	2	73	3	-7↓
How safe you feel	76	0	77	1	+1
Feeling part of your community	49	3	43	5	-6↓
Your future security	62	1	52	3	-10↓
Life as a whole	67	2	62	1	-5

# Personal Wellbeing

## What else is the wellbeing data telling us?

- Sense of achieving and future security saw the largest declines, potentially influenced by current pressures around cost of living and global circumstances
- Declines in satisfaction tended to be higher among females
- 40-59 year olds were less satisfied with all aspects of their wellbeing compared to 2021 (all statistically significant decreases except for health)
- Those aged 18-39 less satisfied overall; those aged 60+ most satisfied overall
- For *Feeling part of your community*:
  - Highest satisfaction for those aged 60+ compared to those younger
  - Factors influencing satisfaction relate to participation in community activities and having good/friendly neighbours

# Living in the City of Tea Tree Gully



**Our City is seen as a good place to raise a family and grow old**



**Raise a family**  
**95% agree**

Highest agreement for 18-39 year olds



**Grow old**  
**88% agree**

# Living in the City of Tea Tree Gully

**Most agree public spaces are safe and diversity is welcomed**



**Feeling safe in parks  
& public spaces  
86% agree**

Lower agreement for females and older people



**Diversity is welcomed  
and celebrated  
75% agree**

Minimal disagreement (3%)

# Council programs, services and events

The majority had either used or attended a Council service, program or event in the past 12 months

Most used/  
attended

69%

*had either used a Council  
service / program or  
attended an event in the  
past 12 months*

38%



Library

36%



A major event at  
Civic Park

22%



Waterworld  
Aquatic Centre

21%



Recreation  
Centres

# Council programs, services and events



## Attendance at a Community Centre is linked to higher satisfaction with a number of wellbeing aspects

- Those aged 18-39 were significantly more likely to have used or attended a Council service, program or event
- Females were significantly more likely to have used the Library and Community Centres compared to males
- Males were significantly more likely than females to have not used or attended a Council service, program or event
- Nearly half of those aged 60+ hadn't used or attended a Council service or program or attended an event in the past 12 months. The Library (29%) was the most used service for this age group
- Those who have used a Community Centre had a significantly higher level of satisfaction (compared to other services) with standard of living, what they are currently achieving in life, personal relationships, feeling part of their community and life as a whole
- Usage of Council service, program or event equalled slightly higher satisfaction with wellbeing aspects than those who hadn't done this in the past 12 months



# Physical activity

The majority of our community had participated in some form of physical activity in the last 12 months

**83%**

*participated in physical activities in the past 12 months*

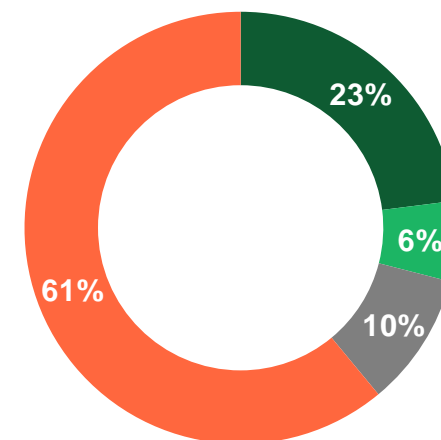


**38%**

*participated in physical activities in the last week*

***Were any of these activities organised by a club, association or other organisation?***

- Yes, all within the City of Tea Tree Gully
- Yes, some within the City of Tea Tree Gully and some outside the City of Tea Tree Gully
- Yes, all outside the City of Tea Tree Gully
- No



# Physical Activity

## Recent physical activity is linked to higher satisfaction with wellbeing aspects (health and achieving in life)

- Those who were younger (18-39 years) were more likely to have done physical activity in the last week compared to those aged 60+
- Those 60+ were more likely to have done physical activity as organised activities all within the City of Tea Tree Gully
- Males were more likely to have done physical activity most recently (today) than females
- Recent physical activity (at least within last week) equated to a higher level of satisfaction with *your health* wellbeing aspect
  - These people were also more satisfied with what they are currently achieving in life (with satisfaction declining with recency of physical activity)
- Participating in organised physical activity all within the City of Tea Tree Gully resulted in a significantly higher level of satisfaction with *feeling part of your community*

# Physical Activity

Footpaths are the most common public space used for physical activity in our City

*At least weekly usage of public spaces for physical activity*

70%



Footpath

44%



At a park

12%



Cycling path

# Physical activity

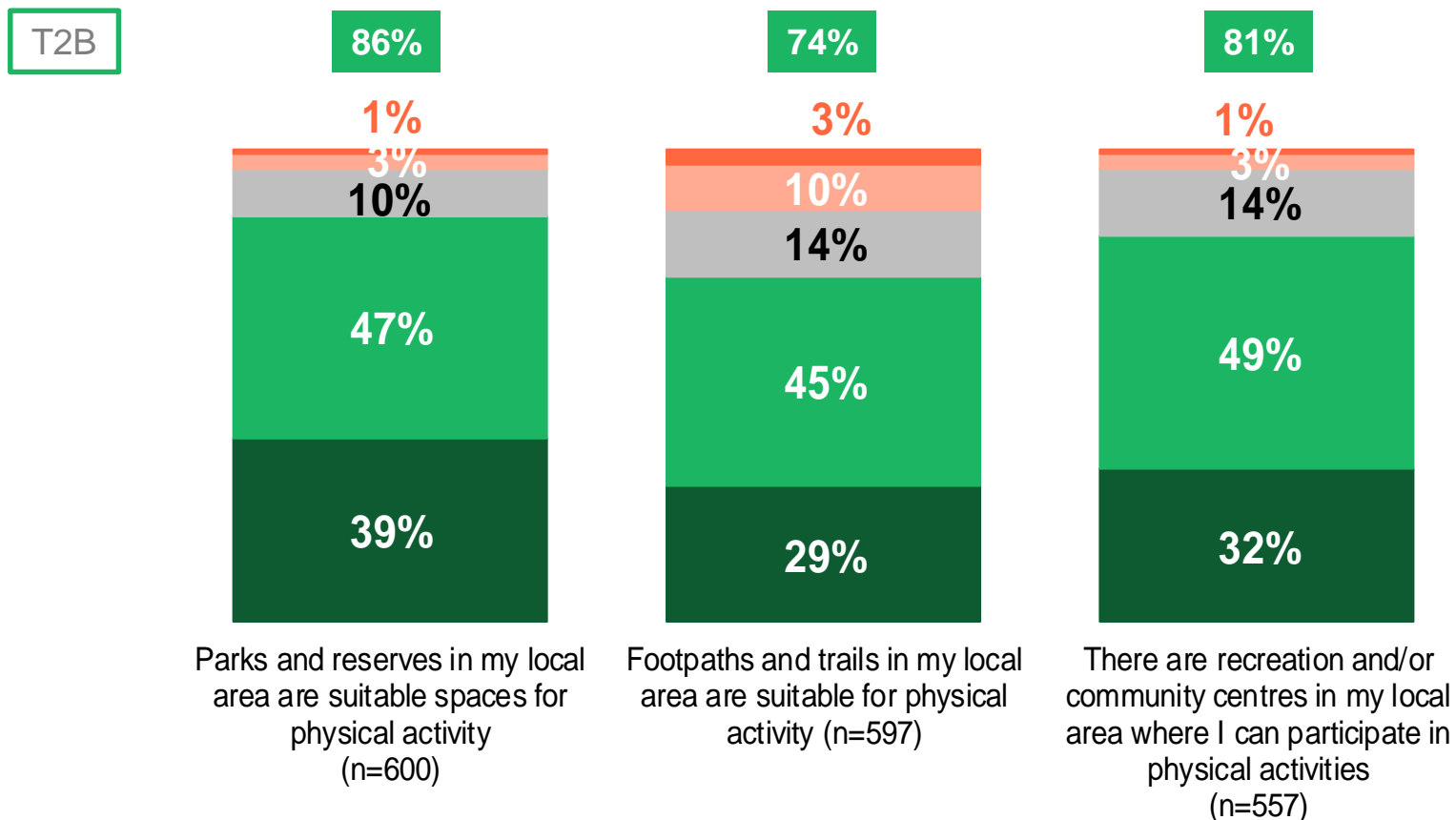
## Use of footpaths, parks or cycling paths at least weekly is linked to higher satisfaction with health

- Those that use any of the above three public spaces for physical activity at least weekly were significantly more likely to be satisfied with their health (wellbeing component) than those who used these public spaces less frequently
- Just over a third of those aged 60+ said they had not used a park in the City of Tea Tree Gully for physical activity in the last 12 months
- Those aged 18-39 were significantly more likely to have used a park or footpath for physical activity at least weekly compared to those age 60+



# Physical activity

High agreement that public spaces and facilities in local area are suitable for physical activity



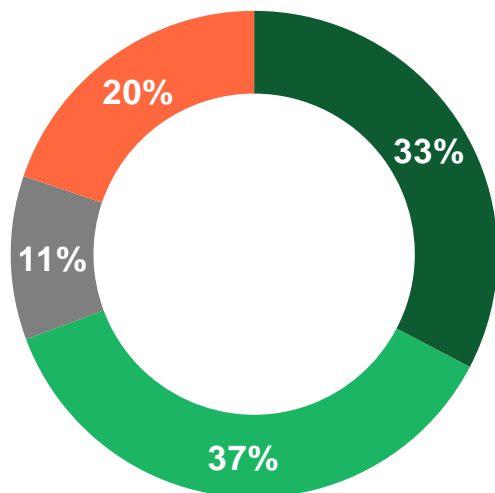
■ Strongly agree ■ Agree ■ Neither agree nor disagree ■ Disagree ■ Strongly disagree

# Overall participation in community activities

The majority had participated in community activities in the last 12 months; 1 in 5 hadn't

## *Participation in community activities overall*

- Participated in CTTG activities AND Non-Council run activities
- Only participated in CTTG activities
- Only participated in Non-Council run activities
- Didn't participate in any community activities

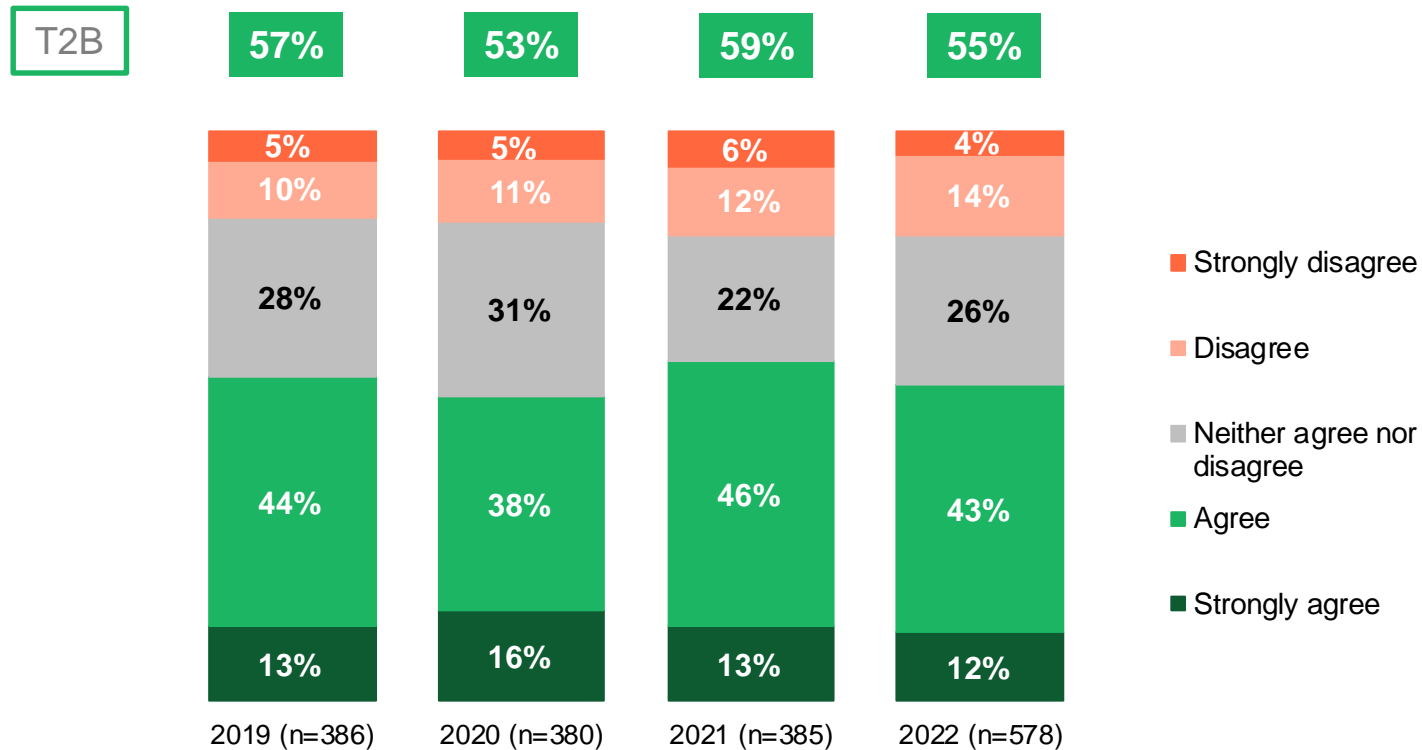


Most common non-Council run community activities participated in were:

- Sporting groups/clubs (27%)
- Religious organisation/church (6%)
- Service groups, eg Rotary, Lions or Kiwanis (4%)
- Arts/culture related activities (4%)

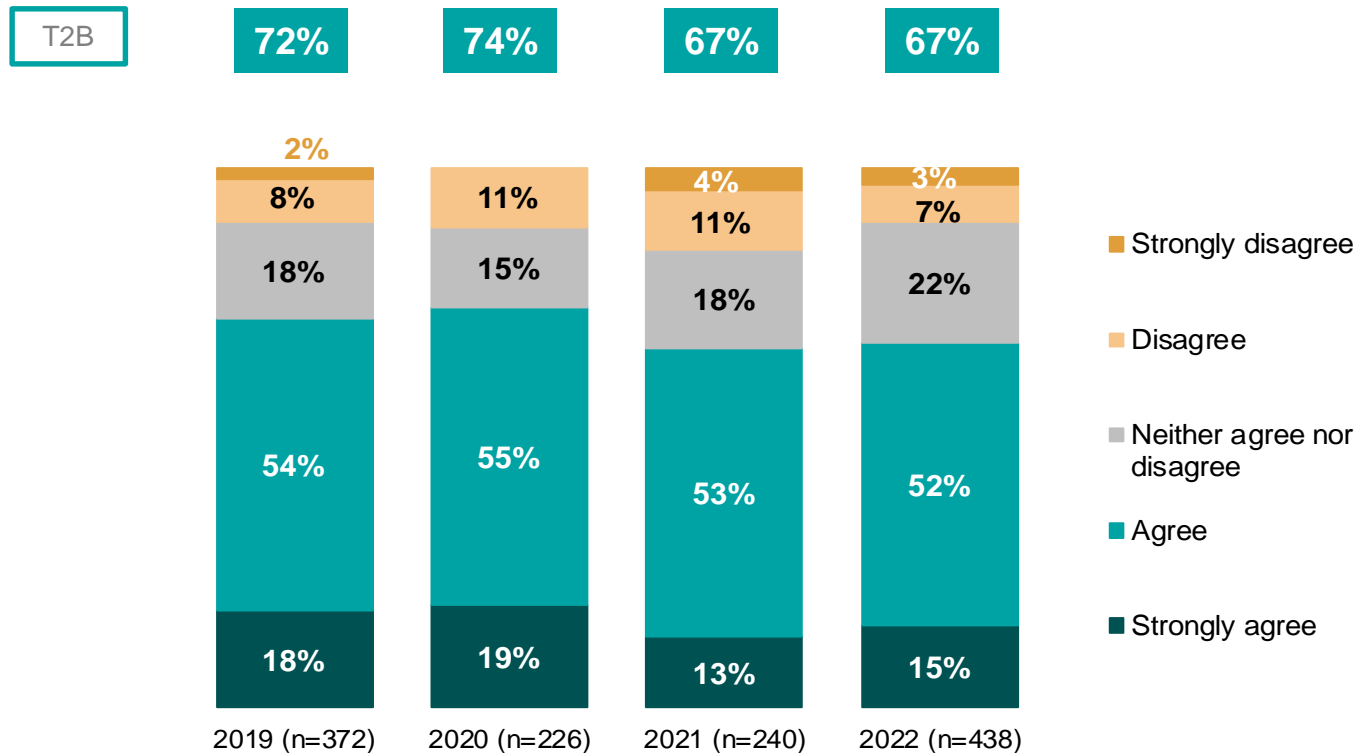
# Opportunity to have your say

## Small decrease in agreement from 2021



# Opportunity to have your say

## Online community agreement higher compared to general community





# Opportunity to have your say



## Agreement increased with age for online community members

- Those members who agreed they have a say in issues had much higher levels of overall satisfaction with Council's performance than those who disagreed
- Agreement increased with age. 58% of online community members aged 18-39 agreed they have the opportunity to have their say on issues affecting their area, compared to 72% of those 60+
- Those who participated in community activities all within the City of Tea Tree Gully were more likely to agree (70%) than those who only participate in activities outside the City of Tea Tree Gully (58%) and those who don't participate in community activities at all (52%)
- Levels of satisfaction are considerably higher on all aspects of the personal wellbeing index for those who agree they have an opportunity to have their say, compared to those who disagree



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# Thank You!